

May 2026 - Senior Group Social Activities

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 INTERGENERATIONAL COOKING (MEAT) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
3	4	5 CHILLIWACK ACTIVITY CENTRE INTERGENERATIONAL EVENT - GAMES 3PM - 4.45PM	6 COOKES PRESBYTERIAN HALL 10 - 12.00 SMALL TABLE TALK PRE-REGISTER	7 VEDDER LEGION 10.30 - 12.00 FREE LUNCH PRE REGISTER TOPIC: DARIUS CHAIR EXERCISE	8 INTIMATE PARTNER LOSS SOCIAL SUPPORT CHILLIWACK ACTIVITY CENTRE 10.00 - 11.30 PRE REGISTER	9
10	11	12 COOKES PRESBYTERIAN HALL 9.30 - 12.30 COOKING & SOCIAL PRE REGISTER	13 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 CHAIR EXERCISES	14 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 TOPIC: ROY SHARING	15	16 INTERGENERATIONAL COOKING (VEG) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
17	18	19 CHILLIWACK ACTIVITY CENTRE INTERGENERATIONAL EVENT CRAFT BEADED BRACELET 3PM - 4.45PM	20 COOKES PRESBYTERIAN HALL 10 - 12.00 SMALL TABLE TALK PRE-REGISTER	21 CHILLIWACK ACTIVITY CENTRE FREE LUNCH PRE REGISTER 10 - 12.00 TOPIC: FOOT HEALTH	22 INTIMATE PARTNER LOSS CHILLIWACK ACTIVITY CENTRE 10.00 - 12.00 PRE REGISTER	23
24	25	26 COOKES PRESBYTERIAN HALL 9.30 - 12.30 COOKING & SOCIAL PRE REGISTER	27 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 CHAIR EXERCISES	28 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 TOPIC: BASIC BUDGETTING	29	30 INTERGENERATIONAL COOKING (MEAT) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
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