

Compassionate Neighbours Social Calendar

November 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
1	2	3	4 STT Free Lunch Cokes 10am - 12pm Preregister	5 Vedder Legion Free Lunch 10am - 12pm Frailty Health Coach Preregister	6	7	Locations Chilliwack Activity Centre (CAC) 9400 College Street Vedder Legion 5661 Vedder Road, Sardis Cokes Presbyterian Church 45825 Wellington Ave Evergreen Hall (Minto Room) 9291 Corbould Street Preregistration required for: • Small Table-Talk Lunch (STT) • Vedder Legion Lunch • Connect Cafe Lunch • Intergenerational Cooking (IGCook) • Social And Nutritional Cooking (Social Cooking)
8	9	10 Social Cooking Cokes 9.30am - 12.30pm Preregister * Painting Poppies with Pat - CAC - Drop In 3.00pm - 4.45pm	11 REMEMBRANCE DAY 	12 Connect Cafe CAC 10am - 11.30am Remembering	13 IPLSS 10am - 11.30am MINTO ROOM Evergreen Hall	14 IGCooking (Meat) CAC 10.30am - 12.30pm Preregister	
15	16	17	18 STT Free Lunch Cokes 10am - 12pm Preregister	19 Connect Cafe Cokes Free Lunch 10am - 12pm Chair Exercises Preregister	20	21	
22	23	24 Social Cooking Cokes 9.30am - 12.30pm Preregister * IG Games Drop In CAC 3.00pm - 4.45pm	25 Chair Exercises CAC 10am - 11.30am	26 Connect Cafe CAC 10am - 11.30am Heart to Home Presentation	27 IPLSS 10am - 11.30am MINTO ROOM Evergreen Hall	28 IGCooking (Meat) CAC 10.30am - 12.30pm Preregister	
29	30						For information about any of our events and activities please call 778-539-5102 or email admin@cnhps.org