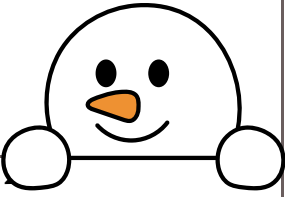
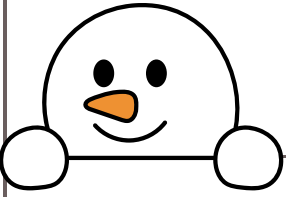


December 2025 - Senior Group Social Activities

778-539-5102 admin@cnhps.org www.cnhps.org



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 CHAIR EXERCISES	4 VEDDER LEGION 10.30 - 12.00 FREE LUNCH (PRE REGISTER) TOPIC: DARIUS CHAIR EXERCISE	5 INTIMATE PARTNER LOSS SOCIAL SUPPORT 1.00 - 2.30 (PRE REGISTER)	6
7	8	9 CHILLIWACK ACTIVITY CENTRE INTERGENERATIONAL EVENT 3PM - 4.45PM GAMES	10	11 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 TOPIC: SAM - FRASER VALLEY JUNK SOLUTIONS	12	13 INTERGENERATIONAL COOKING (MEAT) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
14	15	16	17 CHILLIWACK ACTIVITY CENTRE 10 - 12.00 THEMED LUNCH PRE-REGISTER	18 CHILLIWACK ACTIVITY CENTRE 10 - 12.00 FREE LUNCH PRE-REGISTER TOPIC: SING-ALONG	19 INTIMATE PARTNER LOSS SOCIAL SUPPORT 1.00 - 2.30 (PRE REGISTER)	20
21 	22	23	24	25	26	27 
CLOSED FOR CHRISTMAS HOLIDAYS						
28	29	30	31	1 HAPPY NEW YEAR	2 ACTIVITIES START JANUARY 8TH	

IN THE EVENT OF INCLEMENT WEATHER, SCHEDULED ACTIVITIES WILL BE CANCELLED FOR SAFETY REASONS.