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# April 2025

## Connect Café & Intergenerational Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Chilliwack Activity Centre 10:00 —11:30 Refreshments and simple chair exercises	3 Sardis Legion 10:30 –12:00 Free lunch (must pre register) Topic: Darius does chair exercises	4	5 Intergenerational Cooking Classes 10:30—12:30 pm (Need to pre-register) Meat Dish
6	7	8 Chilliwack Activity Centre Intergenerational event 3pm to 4:45pm Topic: Painting with Mojgan	9	10 Chilliwack Activity Centre 10:00—11:30 Topic: Cameron Fielding Falls Prevention	11	12
13	14	15	16 Chilliwack Activity Centre 10:00—12:00 Free “Themed Table” Lunch (must pre-register)	17 Chilliwack Activity Centre 10:00—12:00 Free lunch (must pre-register) Topic: Easter Lunch & singing together.	18 <i>Good Friday</i>	19 Intergenerational Cooking Classes 10:30—12:30 pm (Need to pre-register) Vegetarian Dish
20 <i>Easter Sunday</i>	21	22 Chilliwack Activity Centre Intergenerational event 3pm to 4:45pm Topic: Broad Games	23 .	24 Chilliwack Activity Centre 10:00—12:00 must pre-register Topic: Climate Resilience Workshop	25	26
27	28	29	30		28	