

# April 2026 - Senior Group Social Activities

778-539-5102 admin@cnhps.org www.cnhps.org



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 COOKES PRESBYTERIAN HALL 10 - 12.00 SMALL TABLE TALK EASTER LUNCH PRE-REGISTER	2 VEDDER LEGION 10.00 - 12.00 EASTER LUNCH PRE REGISTER TOPIC: DARIUS CHAIR EXERCISE	3 <b>GOOD FRIDAY</b>	4
5 <b>EASTER</b>	6	7 COOKES PRESBYTERIAN HALL INTERGENERATIONAL EVENT SPRING COLORING 3PM - 4.45PM	8 COOKES PRESBYTERIAN HALL 10 - 11.30 CHAIR EXERCISES	9 COOKES PRESBYTERIAN HALL 10 - 11.30 TOPIC: TRIVIA	10 INTIMATE PARTNER LOSS SOCIAL SUPPORT COWORK BOARDROOM 10 - 11.30 PRE REGISTER	11
12	13	14 COOKES PRESBYTERIAN HALL 9.30 - 12.30 COOKING & SOCIAL PRE REGISTER	15 COOKES PRESBYTERIAN HALL 10 - 12.00 SMALL TABLE TALK LUNCH PRE-REGISTER	16 CHILLIWACK ACTIVITY CENTRE LUNCH PRE REGISTER 10 - 11.45 TOPIC: ORAL HEALTH	17	18 INTERGENERATIONAL COOKING (MEAT) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
19	20	21 CHILLIWACK ACTIVITY CENTRE INTERGENERATIONAL EVENT - GAMES 3PM - 4.45PM	22 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 CHAIR EXERCISES	23 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 TOPIC: ASBC	24 INTIMATE PARTNER LOSS BRUNCH CHILLIWACK ACTIVITY CENTRE 10 - 11.30 PRE REGISTER	25
26	27	28 COOKES PRESBYTERIAN HALL 9.30 - 12.30 COOKING & SOCIAL PRE REGISTER	29	30 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 TOPIC: CRA OUTREACH		

**PLEASE NOTE: EVENTS ARE WEATHER DEPENDENT TO ENSURE SAFE TRAVEL AND PARTICIPATION.**

FIND US ON FACEBOOK [WWW.FACEBOOK.COM/COMPASSIONATENEIGHBOURSCHILLIWACK](http://WWW.FACEBOOK.COM/COMPASSIONATENEIGHBOURSCHILLIWACK)

CHILLIWACK ACTIVITY CENTRE 9400 COLLEGE STREET, CHILLIWACK  
VEDDER LEGION 5661 VEDDER ROAD, SARDIS

COOKE'S PRESBYTERIAN CHURCH HALL 45825 WELLINGTON AVE