

November 2025 - Senior Group Social Activities

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 INTERGENERATIONAL COOKING (VEGGIE) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
2	3	4	5 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 CHAIR EXERCISES	6 VEDDER LEGION 10.30 - 12.00 FREE LUNCH (PRE REGISTER) TOPIC: DARIUS CHAIR EXERCISE	7 INTIMATE PARTNER LOSS SOCIAL SUPPORT CHILLIWACK ACTIVITY CENTRE 1.00 - 2.30 (PRE REGISTER)	8
9	10	11 REMEMBRANCE DAY	12	13 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 TOPIC: REMEMBRANCE DAY EVENT	14	15 INTERGENERATIONAL COOKING (MEAT) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
16	17	18	19 CHILLIWACK ACTIVITY CENTRE 10 - 12.00 THEMED LUNCH PRE-REGISTER	20 CHILLIWACK ACTIVITY CENTRE 10 - 12.00 FREE LUNCH PRE-REGISTER TOPIC: JOURNALING WITH TARA	21 INTIMATE PARTNER LOSS SOCIAL SUPPORT CHILLIWACK ACTIVITY CENTRE 1.00 - 2.30 (PRE REGISTER)	22
23	24	25 CHILLIWACK ACTIVITY CENTRE INTERGENERATIONAL EVENT 3PM - 4.45PM GINGERBREAD FUN	26	27 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 TOPIC: ANNETTE WILLIAMS, CHILLIWACK LEARNING SOCIETY	28	29 INTERGENERATIONAL COOKING (VEGGIE) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
30						