

July 2026 - Senior Group Social Activities

778-539-5102 socialprograms@cnhps.org www.cnhps.org



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 VEDDER LEGION 10.00 - 12.00 FREE LUNCH PRE REGISTER TOPIC: DARIUS CHAIR EXERCISE	3	4
5	6	7	8 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 CHAIR EXERCISES	9 GWYNNE VAUGHAN PARK CONNECT CAFE 10 - 11.30 TOPIC: CANADA DAY	10	11 INTERGENERATIONAL COOKING (MEAT) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
12	13	14 COOKES PRESBYTERIAN HALL 9.30 - 12.30 COOKING & SOCIAL PRE REGISTER	15	16 GWYNNE VAUGHAN PARK CONNECT CAFE 10 - 11.30 TOPIC: MUSIC IN THE PARK	17	18
19	20	21	22 CHILLIWACK ACTIVITY CENTRE 10 - 11.30 CHAIR EXERCISES	23 GWYNNE VAUGHAN PARK CONNECT CAFE 10 - 11.30 TOPIC: MLA HEATHER MAAHS Q&A	24	25 INTERGENERATIONAL COOKING (MEAT) CHILLIWACK ACTIVITY CENTRE 10.30 - 12.30 PRE-REGISTER
26	27	28 COOKES PRESBYTERIAN HALL 9.30 - 12.30 COOKING & SOCIAL PRE REGISTER	29	30 GWYNNE VAUGHAN PARK CONNECT CAFE 10 - 11.30 TOPIC: MAYOR Q&A	31	

In the event of rain, Connect Café will move from Gwynne Vaughan Park to the Chilliwack Activity Centre.

FIND US ON FACEBOOK WWW.FACEBOOK.COM/COMPASSIONATENEIGHBOURSCHILLIWACK

CHILLIWACK ACTIVITY CENTRE 9400 COLLEGE STREET CHILLIWACK
 GWYNNE VAUGHAN PARK 46181 HOPE RIVER ROAD CHILLIWACK
 VEDDER LEGION 5661 VEDDER ROAD SARDIS
 COOKES PRESBYTERIAN CHURCH HALL 45825 WELLINGTON AVE CHILLIWACK